



NKT - IKBU

# September 2010 Vajrayana Kadampa Buddhist Center

13 Harrison St., Oak Park, IL 60304 (708) 763-0132

[www.meditateinchicago.org](http://www.meditateinchicago.org)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			September 1 4:30-5:30pm WFJ 6-9pm FP	September 2 5:30-6:30pm WFJ	September 3 5:30-6:30pm HJ	September 4 10am-12pm QP
September 5 10-11:15am PWP 11:45-12:15pm: SE: Intro to FP 3-4:15pm WFJ 5-9pm TTP	September 6 5:30-6:30pm HJ 7-8:30pm GP:OP	September 7 5:30-6:30pm HJ 7-8:30pm GP:LV	September 8 4:30-5:30pm GT 6-9pm FP	September 9 5:30-6:30pm WFJ	September 10 7-9pm OSG	September 11 10:30am-12pm, 1-2:30pm SE: Finding Peace of Mind 2-3:15pm B
September 12 10-11:15am PWP 3-4:15pm WFJ 5-9pm TTP	September 13 5:30-6:30pm HJ 7-8:30pm GP:OP	September 14 5:30-6:30pm HJ 7-8:30pm GP:LV	September 15 6:30-7am P 10-11am S 4:30-5:30pm WFJ 6-9pm FP	September 16 5:30-6:30pm WFJ	September 17 5:30-6:30pm HJ	September 18 10am-2pm SE: Blue Sky Mind, Training in Mahamudra
September 19 10-11:15am PWP 3-4:15pm WFJ 5-9pm TTP	September 20 5:30-6:30pm HJ 7-8:30pm GP:OP	September 21 5:30-6:30pm HJ 7-8:30pm GP:LV	September 22 4:30-5:30pm WFJ 6-9pm FP	September 23 5:30-6:30pm WFJ	September 24 5:00-6:00pm HJ 6:30-8pm SE: Relying Upon A Dharma Protector	September 25 10am-12pm OSG 2-3:15pm B
September 26 10-11:15am PWP 3-4:15pm WFJ 5-9pm TTP	September 27 5:30-6:30pm HJ 7-8:30pm GP:OP	September 28 5:30-6:30pm HJ 7-8:30pm GP:LV	September 29 9am-12:30pm MD 6-9pm FP	September 30 5:30-6:30pm WFJ		

<p><b>Chanted Prayers (Free)</b></p> <p>HJ - Heart Jewel puja with Lamrim meditation          WFJ - Wishfulfilling Jewel puja (Sundays with tsog)          OSG - Offering to the Spiritual Guide puja with tsog          GT - Green Tara Prayers          MD - Melodious Drum puja with tsog          QP - Quick Path (HYT only)          P - Mahayana Precepts          S - Sojong (ordained only)</p>	<p><b>Branch Classes</b></p> <p>GP:OP - Oak Park - Mon 7-8:30pm          GP:LV - Lakeview - Tues. 7-8:30pm          B - Beverly - 2-3:15pm, some Sats.</p> <p>Every effort is made to adhere to the schedule, but changes or cancellations are sometimes unavoidable.          For the most up-to-date information, please call the Center or check our website.</p>	<p><b>Classes / Retreats / Special Events</b></p> <p>PWP - Intro Level Prayers for World Peace          GP - Intro Level General Program class          FP - Foundation Program class          TTP - Teacher Training Program class          SE - Special Event</p>
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